

2026 Wellness Wallet

This document lists covered services and items **available by plan and county**. Please review carefully and consult your Evidence of Coverage for your plan's and county's coverage amount.

Essential HMO-POS All Maine Counties

Select PPO (H1365-005) Aroostook, Franklin, Hancock, Knox, Lincoln, Oxford, Penobscot, Piscataquis, Somerset, Waldo, Washington Counties

Coverage is available for the following:

- » **Gyms:** Membership, personal trainer fees and/or fitness class fees at facilities only
- » **Activity trackers:** Apple Watch, Fitbit, Garmin, and Oura Ring only
- » **Face masks:** KN95, KF94, N95, or Envo Masks when purchased through a retailer's website, retail store, or durable medical equipment (DME) provider

Alliance HMO All Maine Counties

Prime HMO-POS All Maine Counties

Select PPO (H1365-001) Androscoggin, Cumberland, Kennebec, Sagadahoc, York Counties

Coverage is available for the following:

- » **Gyms:** membership, personal trainer fees and/or fitness class fees at facilities only
- » **Activity trackers:** Apple Watch, Fitbit, Garmin, and Oura Ring only
- » **Face masks:** KN95, KF94, N95, or Envo Masks when purchased through a retailer's website, retail store, or durable medical equipment (DME) provider
- » **Alternative therapies:**
 - Naturopathic visits and services provided by a licensed naturopath
 - Acupuncture services provided by a licensed provider
 - Acupressure
- » **Weight management programs:** Weight Watchers or Noom (food not covered)
- » **At-home fitness equipment,** limited to:
 - Exercise bikes
 - Elliptical trainers
 - Free weights
 - Pull-up bar
 - Treadmills
 - Weight sets
- » **Sports/activities:** membership/session fees and listed equipment for the following:
 - Biking—bicycle (non-electric), helmet
 - Bowling—ball

- Canoes, kayaks, paddles, personal flotation device (PFD)
- Golf—clubs
- Pickleball—paddle
- Pools/swimming—cap, goggles
- Skiing—skis, boots, poles, helmets
- Tennis—racquets
- Yoga—mat, strap, block, balance pad or cushion
- YMCA

Fitness equipment and covered items must be purchased new. Delivery, shipping fees, and tax are eligible for inclusion under covered costs.

Wellness Wallet coverage and allowance amounts vary by plan and county. Martin's Point Generations Advantage is a health plan with a Medicare contract offering HMO, HMO-POS, and Local PPO products. Enrollment in a Martin's Point Generations Advantage plan depends on contract renewal. Martin's Point Health Care complies with applicable Federal civil rights laws and does not discriminate on the basis of race, color, national origin, age, disability, or sex.