

2026 Wellness Wallet

This document lists covered services and items **available by plan and county**. Please review carefully and consult your Evidence of Coverage for your plan's and county's coverage amount.

Essential HMO-POS All Maine Counties

Select PPO (H1365-005) Aroostook, Franklin, Hancock, Knox, Lincoln, Oxford, Penobscot, Piscataquis, Somerset, Waldo, Washington Counties

Coverage is available for the following:

- » **Gyms:** Membership, personal trainer fees and/or fitness class fees at facilities only
- » **Activity trackers:** Apple Watch, Fitbit, Garmin, and Oura Ring only
- » **Face masks:** KN95, KF94, N95, or Envo Masks when purchased through a retailer's website, retail store, or durable medical equipment (DME) provider

Alliance HMO All Maine Counties

Prime HMO-POS All Maine Counties

Select PPO (H1365-001) Androscoggin, Cumberland, Kennebec, Sagadahoc, York Counties

Coverage is available for the following:

- » **Gyms:** membership, personal trainer fees and/or fitness class fees at facilities only
- » **Activity trackers:** Apple Watch, Fitbit, Garmin, and Oura Ring only
- » **Face masks:** KN95, KF94, N95, or Envo Masks when purchased through a retailer's website, retail store, or durable medical equipment (DME) provider
- » **Alternative therapies:**
 - Naturopathic visits and services provided by a licensed naturopath
 - Acupuncture services provided by a licensed provider
 - Acupressure
- » **Weight management programs:** Weight Watchers or Noom (food not covered)
- » **At-home fitness equipment,** limited to:
 - Exercise bikes
 - Elliptical trainers
 - Free weights
 - Pull-up bar
 - Treadmills
 - Weight sets
- » **Sports/activities:** membership/session fees and listed equipment for the following:
 - Biking—bicycle (non-electric), helmet
 - Bowling—ball

- Canoes, kayaks, paddles, personal flotation device (PFD)
- Golf—clubs
- Pickleball—paddle
- Pools/swimming—cap, goggles
- Skiing—skis, boots, poles, helmets
- Tennis—racquets
- Yoga—mat, strap, block, balance pad or cushion
- YMCA

Fitness equipment and covered items must be purchased new. Delivery, shipping fees, and tax are eligible for inclusion under covered costs.

Martin's Point Generations Advantage Prepaid Mastercard®:

The prepaid Mastercard® may be used for select items at participating retailers only. The available balance on the card is updated automatically after each card purchase is completed. Unused balances do not carry over to the next year. If you disenroll during a plan year, any unused Wellness Wallet dollars are deleted. Please contact Member Services if you need a replacement Prepaid Mastercard®.

Reimbursement Requests:

Reimbursement requests for covered items and services can be submitted online (recommended) or by mail. See MartinsPoint.org/WellnessWallet for more information about submission options and instructions. Reimbursement requests must be received by the plan no later than 120 days following the date of purchase.

Fitness equipment and covered items must be new items purchased from a licensed retail establishment and delivery, shipping fees, and tax are eligible for inclusion under covered costs.

The benefit amount and list of covered items and services is subject to change on January 1st each plan year.

Wellness Wallet coverage and allowance amounts vary by plan and county. Martin's Point Generations Advantage is a health plan with a Medicare contract offering HMO, HMO-POS, and Local PPO products. Enrollment in a Martin's Point Generations Advantage plan depends on contract renewal. Martin's Point Health Care complies with applicable Federal civil rights laws and does not discriminate on the basis of race, color, national origin, age, disability, or sex.