

If you would like
to speak with a
Martin's Point care
manager, please call
1-877-659-2403.



Care Management Services

Care Management services are **free** for all
Martin's Point US Family Health Plan and
Martin's Point Generations Advantage members.

Martin's Point Care Management

Many people benefit greatly from a little extra help with understanding and managing their health. Through education and support, we aim to motivate our members to take steps to manage their medical conditions and achieve their best health.

Our nurse and social work care managers reach out to members by phone to support their health care needs. All members who receive our care management services set their own health goals and are supported with care, compassion, and dignity.

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Who can benefit from care management?

Care management can help members who:

- » Have complex, chronic, or multiple medical conditions
- » Need rehabilitation due to a critical health event
- » Need help navigating the health care system
- » Are in an unsafe home environment
- » Struggle with medication or health care costs
- » Need help with medication management
- » Are expecting a baby
- » Face social barriers such as lack of family support, transportation, nutrition, and/or community resources

How does care management help?

As an extension of your care team, we provide personalized guidance and resources to help you:

- » Understand your health conditions
- » Follow your treatment plan
- » Understand your medications
- » Improve the quality of your life and be as healthy as possible

What care management services do we offer?

Chronic Care Management: A nurse care manager helps you learn about your chronic conditions and build skills to proactively manage your health. They review medications, help coordinate your care, and find helpful community resources.

Transitions of Care: A nurse or social work care manager follows up with you after you go home from a hospital or rehabilitation stay. They help with education, review your treatment plan, review your medications, and coordinate follow-up care.

Behavioral Health: A social work care manager provides phone support from a one-time call to six months of care management. They provide support to you, your family, and/or caregivers based on your goals, and help coordinate care with providers and community resources.

Maternity Support: A nurse care manager works with you during pregnancy and after delivery to help you know what to expect, answer questions, and provide support. They help coordinate care with providers and identify community resources. Sign up at any time during your pregnancy!