

What is a referral?

A referral is a request from your Primary Care Provider (PCP) for specialty care that he/she recommends. Examples include: a specialist visit, physical therapy, or diagnostic imaging.

 **Please allow up to 14 days to hear from the specialist's office before contacting your PCP.**

SPECIALTY SERVICES OFFERED AT MARTIN'S POINT HEALTH CARE CENTERS

- » **Laboratory:** All locations
- » **Radiology:** Brunswick, Portland, and Portsmouth, NH
- » **Physical Therapy:** Brunswick, Portland, and Portsmouth, NH
- » **Sports Medicine:** Brunswick and Portland

WHAT TO EXPECT FROM OUR REFERRALS DEPARTMENT

Our referrals specialists are here to help coordinate your specialty care. They will:

- » Process most referrals and authorizations required by your insurance plan
- » Mail or fax the referral to the appropriate specialty office
- » Mail or fax copies of the appropriate notes and information from your medical record to the specialty care provider
- » Schedule appointments, as needed
- » Contact you with your appointment information and any additional information you may need for your appointment. Please allow up to 14 days to hear from the specialist's office before contacting your PCP.

NOTE: Some specialty offices require us to fax notes along with a referral prior to scheduling your appointment. In this case, the specialty office will contact you directly with your appointment information.



Check Your Insurance!

Our referrals specialists are not familiar with the benefits provided by every insurance plan. **We strongly recommend that you contact your insurance company to confirm coverage and understand your costs for referred services.** Out-of-network services may cost more or require additional insurance approval.

Biddeford
207-283-1441

Gorham
207-839-2559

Scarborough
207-799-8596

Brunswick
207-798-4400

Portland
207-828-2402

Portsmouth, NH
603-431-5154