

Care Management

Free, personalized assistance for your health care needs.

When you are hospitalized, receive a diagnosis, or begin a new medication our care management team can help you better understand your chronic condition and get the care you need.

Care management assessments are conducted over the phone, so you won't have to leave the comfort of your home and you can sign up for a dedicated health care manager who will assist with your health services needs. We'll call you, so you won't be charged any long-distance fees.

Our care management programs may help you if:

- » You have complex, chronic, or multiple medical conditions
- » You've recently had a serious injury or medical event
- » You need help managing your medications
- » You are in an unsafe home environment
- » You are struggling with medication or health care costs
- » You face social barriers, such as lack of family support, transportation, nutrition, and/or community resources.

Services include, but are not limited to, helping you with:

- » Transitioning from a hospital to home or another facility
- » Understanding your medications
- » Getting the medical equipment you need, like a wheelchair, brace, or other special equipment
- » Navigating the health care system
- » Finding community resources
- » Maternity care
- » Mental health



Get started today—call the Martin's Point care management team at **1-877-659-2403** or visit martinspoint.org/caremanagement