

Live better for less with extra discounts and services.

Our members get more than the traditional TRICARE Prime® benefits. Through our partnerships you get valuable discounts and access to extra support services.

Eyewear

Through **EyeMed Vision Care** you save **up to 35%** on frames, lenses, lens enhancements and contact lenses at participating locations, such as select LensCrafters, Pearle Visions, Target Optical centers, and more.

Simply confirm participation with your chosen provider and **present the US Family Health Plan Discount ID number 1021887 at checkout** to access these discounts.*

Complementary/Alternative Medicine

Through Choices by **WholeHealth Living**, get discounts of **10–30% off** the following at participating providers, including:

- Acupuncture
- Chiropractic
- Massage Therapy
- Naturopathy
- Nutritional Counseling
- Tai Chi
- Yoga and more

Hearing Aids/Batteries

Get substantial discounts on hearing aids and batteries when purchased through **Amplifon**. Note: Hearing tests and medical services should be received from a US Family Health Plan network provider. Call Martin's Point US Family Health Plan Member Services at **1-888-674-8734 (TTY: 711)** for a network provider near you.

Telehealth

Through **Included Health**, members have online access to urgent care and mental health support 24/7/365.

- See a board-certified provider fast—day or night
- Get prescriptions sent to a local pharmacy of your choice
- Connect anywhere, anytime virtually from your smartphone, tablet, or computer
- Standard copays apply

Visit IncludedHealth.com/MartinsPoint to register and schedule a telehealth appointment.

Free 24-Hour Nurse Line

Call 1-800-574-8494 (TTY: 711) option #2

A Carenet Health Registered Nurse will answer your questions about symptoms, illnesses, injuries, and more. Ask about:

- If you should go to the ER or wait to see your doctor (call 911 for life-threatening emergencies)
- Prescriptions, medical procedures, or treatment options
- Cold, flu, fever symptoms
- General health information, and more



Learn more and get links to register for discounts at MartinsPoint.org/USFHPEXtraBenefits.