



# MARTIN'S POINT<sup>®</sup>

## HEALTHCARE

### Martin's Point Health Care Clinical Guidelines

Martin's Point Health Care (MPHC) adopts guidelines for the prevention and treatment of illness and disease from nationally recognized government organizations and medical specialty societies including the Veterans Administration (VA)/Department of Defense (DoD) guidelines <https://www.healthquality.va.gov/>.

Clinical practice guidelines provider practitioners with a “best practice” evidence-based resource and form the basis for MPHC efforts to monitor the delivery of health care and outcomes.

Clinical practice guidelines are used in developing health and disease management programs as well as quality interventions. MPHC reviews and revises these guidelines annually or more frequently if needed and seeks input from community providers who have appropriate knowledge specific to the guidelines to ensure that MPHC is using the most current, evidence-based guidelines from nationally recognized sources.

Preventative Care	
U.S. Preventive Services Task Force	Guide to Clinical Preventive Services <a href="https://www.uspreventiveservicestaskforce.org/uspstf/">https://www.uspreventiveservicestaskforce.org/uspstf/</a>

  

Immunizations	
Centers for Disease Control and Prevention (CDC)	Immunization Schedules <a href="https://www.cdc.gov/vaccines/schedules/index.html">https://www.cdc.gov/vaccines/schedules/index.html</a>
CDC Advisory Committee on Immunization Practices (ACIP)	<a href="https://www.cdc.gov/vaccines/acip/index.html">https://www.cdc.gov/vaccines/acip/index.html</a>



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<b>COVID-19</b>	
Centers for Disease Control and Prevention (CDC)	Healthcare Workers: Information on COVID-19 <a href="https://www.cdc.gov/coronavirus/2019-nCoV/hcp/index.html">https://www.cdc.gov/coronavirus/2019-nCoV/hcp/index.html</a>
National Institutes of Health (NIH)	COVID-19 Treatment Guidelines <a href="https://www.covid19treatmentguidelines.nih.gov/about-the-guidelines/whats-new/">https://www.covid19treatmentguidelines.nih.gov/about-the-guidelines/whats-new/</a>

<b>Behavioral Health/ Depression</b>	
American Psychiatric Association	American Psychiatric Association Practice Guidelines <a href="https://psychiatryonline.org/guidelines">https://psychiatryonline.org/guidelines</a>
American Academy of Child & Adolescent Psychiatry  Child and Adolescent Mental Health (CAMH)	American Academy of Child & Adolescent Psychiatry Guidelines, Updates, and Parameters  <a href="https://www.aacap.org/AACAP/Resources_for_Primary_Care/Practice_Parameters_and_Resource_Centers/Practice_Parameters.aspx">https://www.aacap.org/AACAP/Resources_for_Primary_Care/Practice_Parameters_and_Resource_Centers/Practice_Parameters.aspx</a>  <a href="https://downloads.aap.org/DOFA/2023%20CAMH%20Principles.pdf">https://downloads.aap.org/DOFA/2023%20CAMH%20Principles.pdf</a>

<b>Diabetes</b>	
American Diabetes Association (ADA)	Practice Guideline Resources  <a href="https://professional.diabetes.org/content-page/practice-guidelines-resources">https://professional.diabetes.org/content-page/practice-guidelines-resources</a>  Standards of Medical Care in Diabetes – 2023  <a href="https://diabetesjournals.org/care/issue/46/Supplement_1">https://diabetesjournals.org/care/issue/46/Supplement_1</a>



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### Kidney Disease

National Kidney Foundation	<a href="https://www.kidney.org/professionals/guidelines/guidelines_commentaries">https://www.kidney.org/professionals/guidelines/guidelines_commentaries</a>
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### Heart Disease / Coronary Artery Disease / Stroke

American College of Cardiology (ACC)	<a href="https://www.acc.org/Clinical-Topics/Vascular-Medicine#sort=%40commonsordate%20descending">https://www.acc.org/Clinical-Topics/Vascular-Medicine#sort=%40commonsordate%20descending</a>
Centers for Disease Control and Prevention (CDC)	Heart Disease Resources for Health Professionals <a href="https://www.cdc.gov/heartdisease/american_heart_month_clinical.htm">https://www.cdc.gov/heartdisease/american_heart_month_clinical.htm</a>
Centers for Disease Control and Prevention (CDC)	Division for Heart Disease and Stroke Prevention <a href="https://www.cdc.gov/dhdsp/">https://www.cdc.gov/dhdsp/</a>
American College of Cardiology (ACC) and American Heart Association (AHA)	2019 ACC/AHA Guideline on the Primary Prevention of Cardiovascular Disease <a href="https://www.jacc.org/doi/full/10.1016/j.jacc.2019.03.010">https://www.jacc.org/doi/full/10.1016/j.jacc.2019.03.010</a>

### Hypertension

Centers for Disease Control and Prevention (CDC)	Hypertension Resources for Health Professionals <a href="https://www.cdc.gov/bloodpressure/communications_kit.htm">https://www.cdc.gov/bloodpressure/communications_kit.htm</a>
American College of Cardiology (ACC)	<a href="https://www.acc.org/guidelines#/results/hypertension">https://www.acc.org/guidelines#/results/hypertension</a>
International Society of Hypertension (ISH)	<a href="https://ish-world.com/global-hypertension-practice-guidelines/">https://ish-world.com/global-hypertension-practice-guidelines/</a>



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### Cholesterol Treatment

American College of Cardiology (ACC)	<a href="https://www.acc.org/guidelines#/results/cholesterol%20level">https://www.acc.org/guidelines#/results/cholesterol%20level</a>
American Academy of Family Physicians (AAFP)	<a href="https://www.aafp.org/family-physician/patient-care/clinical-recommendations/all-clinical-recommendations/cholesterol.html">https://www.aafp.org/family-physician/patient-care/clinical-recommendations/all-clinical-recommendations/cholesterol.html</a>

### Heart Failure

American College of Cardiology (ACC)  American Heart Association (AHA)	2022 AHA/ ACC/ HFSA Guideline for the Management of Heart Failure  <a href="https://www.jacc.org/doi/epdf/10.1016/j.jacc.2021.12.012">https://www.jacc.org/doi/epdf/10.1016/j.jacc.2021.12.012</a>  2023 ACC Decision Pathway  <a href="https://www.jacc.org/doi/epdf/10.1016/j.jacc.2021.12.012">2023 ACC Expert Consensus Decision Pathway on Management of Heart Failure With Preserved Ejection Fraction: A Report of the American College of Cardiology Solution Set Oversight Committee   Journal of the American College of Cardiology (jacc.org)</a>
American College of Cardiology (ACC)	<a href="https://www.acc.org/guidelines#/results/heart%20failure">https://www.acc.org/guidelines#/results/heart%20failure</a>
Centers for Disease Control and Prevention (CDC)	Heart Disease Resources for Health Professionals  <a href="https://www.cdc.gov/heartdisease/american_heart_month_clinical.htm">https://www.cdc.gov/heartdisease/american_heart_month_clinical.htm</a>
Heart Failure Society of America	<a href="https://www.hfsa.org">https://www.hfsa.org</a>

### Obesity/ Overweight

Centers for Disease Control and Prevention (CDC)	<a href="https://www.cdc.gov/obesity/resources/strategies-guidelines.html">https://www.cdc.gov/obesity/resources/strategies-guidelines.html</a>
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<b>Asthma</b>	
National Heart, Lung, and Blood Institute National Institutes of Health (NIH)  National Asthma Education and Prevention Program	Asthma Care  <a href="https://www.nhlbi.nih.gov/sites/default/files/media/docs/asthma_qrg_0_0.pdf">https://www.nhlbi.nih.gov/sites/default/files/media/docs/asthma_qrg_0_0.pdf</a>  <a href="https://www.nhlbi.nih.gov/health-topics/asthma-management-guidelines-2020-updates">https://www.nhlbi.nih.gov/health-topics/asthma-management-guidelines-2020-updates</a>
Global Initiative for Asthma	<a href="https://ginasthma.org/gina-reports/">https://ginasthma.org/gina-reports/</a>
Centers for Disease Control and Prevention (CDC)	<a href="https://www.cdc.gov/asthma/healthcare.html">https://www.cdc.gov/asthma/healthcare.html</a>

<b>COPD</b>	
Global Initiative for Chronic Obstructive Lung Disease	<a href="https://goldcopd.org/gold-reports/">https://goldcopd.org/gold-reports/</a>

<b>Women's Health</b>	
American College of Obstetrics and Gynecology (ACOG)	<a href="https://www.acog.org/clinical?utm_source=redirect&amp;utm_medium=web&amp;utm_campaign=otn">https://www.acog.org/clinical?utm_source=redirect&amp;utm_medium=web&amp;utm_campaign=otn</a>
American Society for Colposcopy and Cervical Pathology (ASCCP)	<a href="https://www.asccp.org/guidelines">https://www.asccp.org/guidelines</a>



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**Pediatrics**

American Academy of Pediatrics

<https://www.guidelinecentral.com/guidelines/AAP/>

Bright Futures

<https://www.aap.org/en/practice-management/bright-futures>

**Oncology**

National Comprehensive Cancer Network (NCCN)

[https://www.nccn.org/guidelines/category\\_1](https://www.nccn.org/guidelines/category_1)

<https://www.nccn.org/home>

**REVIEWED/ REVISED**

Jan. 2020

MPHC Physician Advisory Group

Oct. 2020

MPHC Health Plan Medical Directors

Oct. 2021

Director Health Management / Director Health Plan Quality

Sept. 2022

MPHC Physician Advisory Group

October/November 2023

MPHC Physician Advisory Group