

	Guideline	
	A specific set of instructions for completing a particular task	
	<b>Procedure Title:</b> Martin's Point Health Care Clinical Guidelines	<b>Policy Number (if applicable):</b> Reference #
	<b>Issuing Department:</b> Health Management Dept.	<b>Effective Date:</b> 01/01/2025

**PURPOSE:**

Martin's Point Health Care (MPHC) adopts guidelines for the prevention and treatment of illness and disease from nationally recognized government organizations and medical specialty societies including the Veterans Administration (VA)/Department of Defense (DoD) guidelines <https://www.healthquality.va.gov/>.

**SCOPE:**

Clinical practice guidelines provider practitioners with a “best practice” evidence-based resource and form the basis for MPHC efforts to monitor the delivery of health care and outcomes.

Clinical practice guidelines are used in developing health and disease management programs as well as quality interventions. MPHC reviews and revises these guidelines annually or more frequently if needed and seeks input from community providers who have appropriate knowledge specific to the guidelines to ensure that MPHC is using the most current, evidence-based guidelines from nationally recognized sources.

**PROCEDURAL STEPS:**

Preventative Care	
U.S. Preventive Services Task Force	Guide to Clinical Preventive Services  <a href="https://www.uspreventiveservicestaskforce.org/uspstf/">https://www.uspreventiveservicestaskforce.org/uspstf/</a>

Immunizations	
Centers for Disease Control and Prevention (CDC)	Immunization Schedules  <a href="https://www.cdc.gov/vaccines/?CDC_AAref_Val=https://www.cdc.gov/vaccines/schedules/index.html">https://www.cdc.gov/vaccines/?CDC_AAref_Val=https://www.cdc.gov/vaccines/schedules/index.html</a>

CDC Advisory Committee on Immunization Practices (ACIP)	<a href="https://www.cdc.gov/acip/?CDC_AAref_Val=https://www.cdc.gov/vaccines/acip/index.html">https://www.cdc.gov/acip/?CDC_AAref_Val=https://www.cdc.gov/vaccines/acip/index.html</a>
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<b>COVID-19</b>	
Centers for Disease Control and Prevention (CDC)	<p>Healthcare Workers: Information on COVID-19</p> <p><a href="https://www.cdc.gov/covid/hcp/?CDC_AAref_Val=https://www.cdc.gov/coronavirus/2019-nCoV/hcp/index.html">https://www.cdc.gov/covid/hcp/?CDC_AAref_Val=https://www.cdc.gov/coronavirus/2019-nCoV/hcp/index.html</a></p>

<b>Behavioral Health/ Depression</b>	
American Psychiatric Association	<p>American Psychiatric Association Practice Guidelines</p> <p><a href="https://psychiatryonline.org/guidelines">https://psychiatryonline.org/guidelines</a></p>
American Academy of Child & Adolescent Psychiatry	<p>American Academy of Child &amp; Adolescent Psychiatry Guidelines, Updates, and Parameters</p> <p><a href="https://www.aacap.org/AACAP/Resources_for_Primary_Care/Practice_Parameters_and_Resource_Centers/Practice_Parameters.aspx">https://www.aacap.org/AACAP/Resources for Primary Care/Practice Parameters and Resource Centers/Practice Parameters.aspx</a></p>
Child and Adolescent Mental Health (CAMH)	<a href="https://downloads.aap.org/DOFA/2023%20CAMH%20Principles.pdf">https://downloads.aap.org/DOFA/2023%20CAMH%20Principles.pdf</a>

<b>Diabetes</b>	
American Diabetes Association (ADA)	<p>Practice Guideline Resources</p> <p><a href="https://professional.diabetes.org/content-page/practice-guidelines-resources">https://professional.diabetes.org/content-page/practice-guidelines-resources</a></p> <p>Standards of Medical Care in Diabetes – 2024</p> <p><a href="https://diabetesjournals.org/care/issue/47/1">https://diabetesjournals.org/care/issue/47/1</a></p>

**Kidney Disease**

National Kidney Foundation	<a href="https://www.kidney.org/professionals/guidelines/guidelines_commentaries">https://www.kidney.org/professionals/guidelines/guidelines_commentaries</a>
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## Heart Disease / Coronary Artery Disease / Stroke

American College of Cardiology (ACC)	<a href="https://www.acc.org/Clinical-Topics/Vascular-Medicine#sort=%40commonsorddate%20descending">https://www.acc.org/Clinical-Topics/Vascular-Medicine#sort=%40commonsorddate%20descending</a>
Centers for Disease Control and Prevention (CDC)	Heart Disease Resources for Health Professionals <a href="https://www.cdc.gov/heart-disease/php/heart-month/resources-for-health-care-professionals.html?CDC_AAref_Val=https://www.cdc.gov/heartdisease/american_heart_month_clinical.htm">https://www.cdc.gov/heart-disease/php/heart-month/resources-for-health-care-professionals.html?CDC_AAref_Val=https://www.cdc.gov/heartdisease/american_heart_month_clinical.htm</a>
Centers for Disease Control and Prevention (CDC)	Division for Heart Disease and Stroke Prevention <a href="https://www.cdc.gov/dhdsp/">https://www.cdc.gov/dhdsp/</a>
American College of Cardiology (ACC) and American Heart Association (AHA)	2019 ACC/AHA Guideline on the Primary Prevention of Cardiovascular Disease <a href="https://www.jacc.org/doi/full/10.1016/j.jacc.2019.03.010">https://www.jacc.org/doi/full/10.1016/j.jacc.2019.03.010</a>

## Hypertension

Centers for Disease Control and Prevention (CDC)	Hypertension Resources for Health Professionals <a href="https://www.cdc.gov/high-blood-pressure/php/toolkit?CDC_AAref_Val=https://www.cdc.gov/bloodpressure/communications_kit.htm">https://www.cdc.gov/high-blood-pressure/php/toolkit?CDC_AAref_Val=https://www.cdc.gov/bloodpressure/communications_kit.htm</a>
American College of Cardiology (ACC)	<a href="https://www.acc.org/guidelines#/results/hypertension">https://www.acc.org/guidelines#/results/hypertension</a>
International Society of Hypertension (ISH)	<a href="https://ish-world.com/global-hypertension-practice-guidelines/">https://ish-world.com/global-hypertension-practice-guidelines/</a>

## Cholesterol Treatment

American College of Cardiology (ACC)	<a href="https://www.acc.org/guidelines#/results/cholesterol%20level">https://www.acc.org/guidelines#/results/cholesterol%20level</a>
American Academy of Family Physicians (AAFP)	<a href="https://www.aafp.org/family-physician/patient-care/clinical-recommendations/all-clinical-recommendations/cholesterol.html">https://www.aafp.org/family-physician/patient-care/clinical-recommendations/all-clinical-recommendations/cholesterol.html</a>

## Heart Failure

American College of Cardiology (ACC)	2022 AHA/ ACC/ HFSA Guideline for the Management of Heart Failure
American Heart Association (AHA)	<a href="https://www.jacc.org/doi/epdf/10.1016/j.jacc.2021.12.012">https://www.jacc.org/doi/epdf/10.1016/j.jacc.2021.12.012</a>  2023 ACC Decision Pathway  <a href="https://www.jacc.org/doi/epdf/10.1016/j.jacc.2021.12.012">2023 ACC Expert Consensus Decision Pathway on Management of Heart Failure With Preserved Ejection Fraction: A Report of the American College of Cardiology Solution Set Oversight Committee   Journal of the American College of Cardiology (jacc.org)</a>
American College of Cardiology (ACC)	<a href="https://www.acc.org/search#q=Heart%20Failure&amp;sort=relevancy">https://www.acc.org/search#q=Heart%20Failure&amp;sort=relevancy</a>
Centers for Disease Control and Prevention (CDC)	Heart Disease Resources for Health Professionals  <a href="https://www.cdc.gov/heart-disease/php/heart-month/resources-for-health-care-professionals.html?CDC_AAref_Val=https://www.cdc.gov/heartdisease/american%20heart%20month%20clinical.htm">https://www.cdc.gov/heart-disease/php/heart-month/resources-for-health-care-professionals.html?CDC_AAref_Val=https://www.cdc.gov/heartdisease/american heart month clinical.htm%20</a>
Heart Failure Society of America	<a href="https://www.hfsa.org">https://www.hfsa.org</a>

## Obesity/ Overweight

Centers for Disease Control and Prevention (CDC)	<a href="https://www.cdc.gov/healthy-weight-growth/about/tips-for-balancing-food-activity.html">https://www.cdc.gov/healthy-weight-growth/about/tips-for-balancing-food-activity.html</a>
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## Asthma

National Heart, Lung, and Blood Institute National Institutes of Health (NIH)	Asthma Care <a href="https://www.nhlbi.nih.gov/sites/default/files/media/docs/asthma_qrg_0_0.pdf">https://www.nhlbi.nih.gov/sites/default/files/media/docs/asthma_qrg_0_0.pdf</a>
National Asthma Education and Prevention Program	<a href="https://www.nhlbi.nih.gov/health-topics/asthma-management-guidelines-2020-updates">https://www.nhlbi.nih.gov/health-topics/asthma-management-guidelines-2020-updates</a>
Global Initiative for Asthma	<a href="https://ginasthma.org/gina-reports/">https://ginasthma.org/gina-reports/</a>
Centers for Disease Control and Prevention (CDC)	<a href="https://www.cdc.gov/asthma/">https://www.cdc.gov/asthma/</a>

## COPD

Global Initiative for Chronic Obstructive Lung Disease	<a href="https://goldcopd.org/gold-reports/">https://goldcopd.org/gold-reports/</a>
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## Women's Health

American College of Obstetrics and Gynecology (ACOG)	<a href="https://www.acog.org/clinical?utm_source=redirect&amp;utm_medium=web&amp;utm_campaign=otn">https://www.acog.org/clinical?utm_source=redirect&amp;utm_medium=web&amp;utm_campaign=otn</a>
American Society for Colposcopy and Cervical Pathology (ASCCP)	<a href="https://www.asccp.org/guidelines">https://www.asccp.org/guidelines</a>

## Pediatrics

American Academy of Pediatrics	<a href="https://www.guidelinecentral.com/guidelines/AAP/">https://www.guidelinecentral.com/guidelines/AAP/</a>
Bright Futures	<a href="https://www.aap.org/en/practice-management/bright-futures">https://www.aap.org/en/practice-management/bright-futures</a>

<b>Oncology</b>	
National Comprehensive Cancer Network (NCCN)	<a href="https://www.nccn.org/guidelines/category_1">https://www.nccn.org/guidelines/category_1</a> <a href="https://www.nccn.org/home">https://www.nccn.org/home</a>

<b>REVIEWED/ REVISED</b>	
Jan. 2020	MPHC Physician Advisory Group
Oct. 2020	MPHC Health Plan Medical Directors
Oct. 2021	Director Health Management / Director Health Plan Quality
Sept. 2022	MPHC Physician Advisory Group
October/November 2023	MPHC Physician Advisory Group
November 2024	MPHC UM Committee Physician Advisory Participants