



Martin's Point

Guideline

A specific set of instructions for completing a particular task

Procedure Title:

2026 Clinical Guidelines

Policy Number (if applicable):

UM Clinical Guidelines

Issuing Department:

Health Management Dept

Effective Date:

01/01/2026

PURPOSE:

Martin's Point Health Care (MPHC) adopts guidelines for the prevention and treatment of illness and disease from nationally recognized government organizations and medical specialty societies including the Veterans Administration (VA)/Department of Defense (DoD) guidelines

<https://www.healthquality.va.gov/>

SCOPE:

Clinical practice guidelines provider practitioners with a “best practice” evidence-based resource and form the basis for MPHC efforts to monitor the delivery of health care and outcomes.

Clinical practice guidelines are used in developing health and disease management programs as well as quality interventions. MPHC reviews and revises these guidelines annually or more frequently if needed and seeks input from community providers who have appropriate knowledge specific to the guidelines to ensure that MPHC is using the most current, evidence-based guidelines from nationally recognized sources.

PROCEDURAL STEPS:

Preventative Care	
U.S Preventative Services Task Force	Guide to Clinical Preventative Services https://www.uspreventiveservicestaskforce.org/uspstf/

Immunizations	
Centers for Disease Control and Prevention (CDC)	Immunization Schedules https://www.cdc.gov/vaccines/?CDC_AAref_Val=https://www.cdc.gov/vaccines/schedules/index.html
CDC Advisory Committee on Immunization Practices (ACIP)	https://www.cdc.gov/acip/?CDC_AAref_Val=https://www.cdc.gov/vaccines/acip/index.html

COVID-19	
Centers for Disease Control and Prevention (CDC)	Healthcare Workers: Information on COVID-19 https://www.cdc.gov/covid/hcp/?CDC_Aref_Val=https://www.cdc.gov/coronavirus/2019-nCoV/hcp/index.html

Behavioral Health/Depression	
American Psychiatric Association	American Psychiatric Association Practice Guidelines https://psychiatryonline.org/guidelines
American Academy of Child & Adolescent Psychiatry	American Academy of Child & Adolescent Psychiatry Guidelines, Updates, and Parameters https://www.aacap.org/AACAP/Resources_for_Primary_Care/Practice_Parameters_and_Resource_Centers/Practice_Parameters.aspx
Child and Adolescent Mental Health (CAMH)	https://downloads.aap.org/DOFA/2023%20CAMH%20Principles.pdf

Diabetes	
American Diabetes Association (ADA)	Practice Guideline Resources https://professional.diabetes.org/content-page/practice-guidelines-resources Standards of Medical Care in Diabetes – 2025 https://diabetesjournals.org/care/issue/48/1

Kidney Disease	
National Kidney Foundation	https://www.ajkd.org/content/kdoqiguidelines

Heart Disease/ Coronary Artery Disease/ Stroke	
American College of Cardiology (ACC)	https://www.acc.org/Clinical-Topics/Vascular-Medicine#sort=%40commonsortdate%20descending
Centers of Disease Control and Prevention (CDC)	Heart Disease Resources for Health Professionals https://www.cdc.gov/heart-disease/php/heart-month/resources-for-health-care-professionals.html?CDC_Aref_Val=https://www.cdc.gov/heartdisease/american_heart_month_clinical.htm
Centers for Disease Control and Prevention (CDC)	Division of Heart Disease and Stroke Prevention https://www.cdc.gov/nccdphp/divisions-offices/about-the-division-for-heart-disease-and-stroke-prevention.html
American College of Cardiology (ACC) and American Heart Association (AHA)	2019 ACC/AHA Guideline on the Primary Prevention of Cardiovascular Disease https://www.jacc.org/doi/full/10.1016/j.jacc.2019.03.010

Hypertension

Centers for Disease Control and Prevention (CDC)	Hypertension Resources for Health Professionals https://www.cdc.gov/high-blood-pressure/php/toolkit/?CDC_AAref_Val=https://www.cdc.gov/blood-pressure/communications_kit.htm
American College of Cardiology (ACC)	https://www.acc.org/guidelines#/results/hypertension
International Society of Hypertension (ISH)	https://ish-world.com/global-hypertension-practice-guidelines/

Cholesterol Treatment

American College of Cardiology (ACC)	https://www.acc.org/guidelines#/results/cholesterol%20level
American Academy of Family Physicians (AAFP)	https://www.aafp.org/family-physician/patient-care/clinical-recommendations/all-clinical-recommendations/cholesterol.html

Heart Failure

American College of Cardiology (ACC) American Heart Association (AHA)	2022 AHA/ ACC/ HFSA Guideline for the Management of Heart Failure https://www.jacc.org/doi/epdf/10.1016/j.jacc.2021.12.012 2023 ACC Decision Pathway https://www.jacc.org/doi/epdf/10.1016/j.jacc.2021.12.012
Centers for Disease Control and Prevention (CDC)	Heart Disease Resources for Health Professionals https://www.cdc.gov/heart-disease/php/heart-month/resources-for-health-care-professionals.html?CDC_AAref_Val=https://www.cdc.gov/heartdisease/american_heart_month_clinical.htm%20
Heart Failure Society of America	Heart Failure Society of America (HFSA) Home

Obesity/ Overweight	
Centers for Disease Control and Prevention (CDC)	https://www.cdc.gov/healthy-weight-growth/about/tips-for-balancing-food-activity.html

Asthma	
National Heart, Lung, and Blood Institute National Institutes of Health (NIH)	Asthma Care https://www.nhlbi.nih.gov/sites/default/files/media/docs/asthma_qrg_0_0.pdf
National Asthma Education and Prevention Program	https://www.nhlbi.nih.gov/health-topics/asthma-management-guidelines-2020-updates
Global Initiative for Asthma	https://ginasthma.org/gina-reports/
Centers for Disease Control and Prevention (CDC)	https://www.cdc.gov/asthma/

COPD	
Global Initiative for Chronic Obstructive Lung Disease	https://goldcopd.org/gold-reports/

Women's Health	
American College of Obstetrics and Gynecology (ACOG)	https://www.acog.org/clinical?utm_source=redirect&utm_medium=web&utm_campaign=otn
American Society for Colposcopy and Cervical Pathology (ASCCP)	https://www.asccp.org/guidelines

Pediatrics

American Academy of Pediatrics	https://www.guidelinecentral.com/guidelines/AAP/
Bright Futures	https://www.aap.org/en/practice-management/bright-futures

Oncology

National Comprehensive Cancer Network (NCCN)	https://www.nccn.org/guidelines/category_1 https://www.nccn.org/home
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Reviewed/Revised

Jan. 2020	MPHC Physician Advisory Group
Oct. 2020	MPHC Health Plan Medical Directors
Oct. 2021	Director Health Management / Director Health Plan Quality
Sept. 2022	MPHC Physician Advisory Group
October/November 2023	MPHC Physician Advisory Group
November 2024	MPHC UM Committee Physician Advisory Participants
2025	