

 Martin's Point	Guideline	
	<i>A specific set of instructions for completing a particular task</i>	
	Procedure Title: 2026 Clinical Guidelines	Policy Number (if applicable): UM Clinical Guidelines
	Issuing Department: Health Management Dept	Effective Date: 01/01/2026

PURPOSE:

Martin's Point Health Care (MPHC) adopts guidelines for the prevention and treatment of illness and disease from nationally recognized government organizations and medical specialty societies including the Veterans Administration (VA)/Department of Defense (DoD) guidelines

<https://www.healthquality.va.gov/>

SCOPE:

Clinical practice guidelines provide practitioners with a “best practice” evidence-based resource and form the basis for MPHC efforts to monitor the delivery of health care and outcomes.

Clinical practice guidelines are used in developing health and disease management programs as well as quality interventions. MPHC reviews and revises these guidelines annually or more frequently if needed and seeks input from community providers who have appropriate knowledge specific to the guidelines to ensure that MPHC is using the most current, evidence-based guidelines from nationally recognized sources.

PROCEDURAL STEPS:

Preventative Care	
U.S Preventative Services Task Force	Guide to Clinical Preventative Services https://www.uspreventiveservicestaskforce.org/uspstf/

Immunizations	
Centers for Disease Control and Prevention (CDC)	Immunization Schedules https://www.cdc.gov/vaccines/?CDC_AAref_Val=https://www.cdc.gov/vaccines/schedules/index.html
CDC Advisory Committee on Immunization Practices (ACIP)	https://www.cdc.gov/acip/?CDC_AAref_Val=https://www.cdc.gov/vaccines/acip/index.html

COVID-19	
Centers for Disease Control and Prevention (CDC)	Healthcare Workers: Information on COVID-19 https://www.cdc.gov/covid/hcp/?CDC_AAref_Val=https://www.cdc.gov/coronavirus/2019-nCoV/hcp/index.html

Behavioral Health/Depression	
American Psychiatric Association	American Psychiatric Association Practice Guidelines https://psychiatryonline.org/guidelines
American Academy of Child & Adolescent Psychiatry	American Academy of Child & Adolescent Psychiatry Guidelines, Updates, and Parameters https://www.aacap.org/AACAP/Resources_for_Primary_Care/Practice_Parameters_and_Resource_Centers/Practice_Parameters.aspx
Child and Adolescent Mental Health (CAMH)	https://downloads.aap.org/DOFA/2023%20CAMH%20Principles.pdf

Diabetes	
American Diabetes Association (ADA)	Practice Guideline Resources https://professional.diabetes.org/content-page/practice-guidelines-resources Standards of Medical Care in Diabetes – 2025 https://diabetesjournals.org/care/issue/48/1

Kidney Disease	
National Kidney Foundation	https://www.ajkd.org/content/kdoqiguide

Heart Disease/ Coronary Artery Disease/ Stroke	
American College of Cardiology (ACC)	https://www.acc.org/Clinical-Topics/Vascular-Medicine#sort=%40commonsorthdate%20descending
Centers of Disease Control and Prevention (CDC)	Heart Disease Resources for Health Professionals https://www.cdc.gov/heart-disease/php/heart-month/resources-for-health-care-professionals.html?CDC_AAref_Val=https://www.cdc.gov/heartdisease/american_heart_month_clinical.htm
Centers for Disease Control and Prevention (CDC)	Division of Heart Disease and Stroke Prevention https://www.cdc.gov/nccdphp/divisions-offices/about-the-division-for-heart-disease-and-stroke-prevention.html
American College of Cardiology (ACC) and American Heart Association (AHA)	2019 ACC/AHA Guideline on the Primary Prevention of Cardiovascular Disease https://www.jacc.org/doi/full/10.1016/j.jacc.2019.03.010

Hypertension	
Centers for Disease Control and Prevention (CDC)	Hypertension Resources for Health Professionals https://www.cdc.gov/high-blood-pressure/php/toolkit/?CDC_AAref_Val=https://www.cdc.gov/blood-pressure/communications_kit.htm
American College of Cardiology (ACC)	https://www.acc.org/guidelines#/results/hypertension
International Society of Hypertension (ISH)	https://ish-world.com/global-hypertension-practice-guidelines/

Cholesterol Treatment	
American College of Cardiology (ACC)	https://www.acc.org/guidelines#/results/cholesterol%20level
American Academy of Family Physicians (AAFP)	https://www.aafp.org/family-physician/patient-care/clinical-recommendations/all-clinical-recommendations/cholesterol.html

Heart Failure	
American College of Cardiology (ACC) American Heart Association (AHA)	2022 AHA/ ACC/ HFSA Guideline for the Management of Heart Failure https://www.jacc.org/doi/epdf/10.1016/j.jacc.2021.12.012 2023 ACC Decision Pathway 2023 ACC Expert Consensus Decision Pathway on Management of Heart Failure With Preserved Ejection Fraction: A Report of the American College of Cardiology Solution Set Oversight Committee Journal of the American College of Cardiology (jacc.org)
Centers for Disease Control and Prevention (CDC)	Heart Disease Resources for Health Professionals https://www.cdc.gov/heart-disease/php/heart-month/resources-for-health-care-professionals.html?CDC_AAref_Val=https://www.cdc.gov/heartdisease/american_heart_month_clinical.htm%20
Heart Failure Society of America	Heart Failure Society of America (HFSA) Home

Obesity/ Overweight

Centers for Disease Control and Prevention (CDC)	https://www.cdc.gov/healthy-weight-growth/about/tips-for-balancing-food-activity.html
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Asthma

National Heart, Lung, and Blood Institute National Institutes of Health (NIH)	Asthma Care https://www.nhlbi.nih.gov/sites/default/files/media/docs/asthma_qrg_0_0.pdf
National Asthma Education and Prevention Program	https://www.nhlbi.nih.gov/health-topics/asthma-management-guidelines-2020-updates
Global Initiative for Asthma	https://ginasthma.org/gina-reports/
Centers for Disease Control and Prevention (CDC)	https://www.cdc.gov/asthma/

COPD

Global Initiative for Chronic Obstructive Lung Disease	https://goldcopd.org/gold-reports/
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Women's Health

American College of Obstetrics and Gynecology (ACOG)	https://www.acog.org/clinical?utm_source=redirect&utm_medium=web&utm_campaign=otn
American Society for Colposcopy and Cervical Pathology (ASCCP)	https://www.asccp.org/guidelines

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Pediatrics	
American Academy of Pediatrics	https://www.guidelinecentral.com/guidelines/AAP/
Bright Futures	https://www.aap.org/en/practice-management/bright-futures

Oncology	
National Comprehensive Cancer Network (NCCN)	https://www.nccn.org/guidelines/category_1 https://www.nccn.org/home

Reviewed/Revised	
Jan. 2020 Oct. 2020 Oct. 2021 Sept. 2022 October/November 2023 November 2024 2025	MPHC Physician Advisory Group MPHC Health Plan Medical Directors Director Health Management / Director Health Plan Quality MPHC Physician Advisory Group MPHC Physician Advisory Group MPHC UM Committee Physician Advisory Participants