

New Authorization Requirements for Facility-Based Sleep Studies for Martin's Point Health Care Plans

Effective April 1, 2026

Dear Provider,

Effective April 1, 2026, Martin's Point Generations Advantage and Martin's Point US Family Health Plan plans will require prior authorization for facility-based sleep studies.

Prior authorization requests should be submitted using the request tool on our website:

<https://martinspoint.org/For-Providers/Tools/ProAuth-Documentation>

If you are not a Martin's Point Provider Portal user, please view the information on our website for instructions on setting up an account for your organization at:

<https://martinspoint.org/For-Providers/Tools/Online-Account-Access-for-Providers/Local-Administrator>

Authorization required

Please refer to the following information for sleep studies that will require prior authorization:

95810	Polysomnography: Age 6 or older, sleep staging with four or more additional parameters of sleep, attended by a technologist
95811	Polysomnography: Age 6 or older, sleep staging with four or more additional parameters of sleep with initiation of continuous positive airway pressure therapy or bi-level ventilation, attended by a technologist
95782	Polysomnography: Under age 6, sleep staging with four or more additional parameters of sleep, attended by a technologist
95783	Polysomnography: Under age 6, sleep staging with four or more additional parameters of sleep with initiation of continuous positive airway pressure therapy or bi-level ventilation, attended by a technologist
95805	Multiple sleep latency or maintenance of wakefulness testing, recording, analysis, and interpretation of physiological measurements of sleep during multiple trials to assess sleepiness
95807	Sleep study, simultaneous recording of ventilation, respiratory effort, ECG or heart rate, and oxygen saturation, attended by a technologist
95808	Polysomnography: Any age, sleep staging with one to three additional parameters of sleep, attended by a technologist

Authorization not required

Prior authorization is not required for the home-based sleep studies listed below:

95800	Sleep study, unattended, simultaneous recording of heart rate, oxygen saturation, respiratory analysis (e.g., by airflow or peripheral arterial tone), and sleep time
95801	Sleep study, unattended, simultaneous recording minimum of heart rate, oxygen saturation, and respiratory analysis (e.g., by airflow or peripheral arterial tone)
95806	Sleep study, unattended, simultaneous recording of heart rate, oxygen saturation, respiratory airflow, and respiratory effort (e.g., thoracoabdominal movement)
G0398	Home sleep study test (HST) with type ii portable monitor, unattended; minimum of seven channels: EEG, EOG, EMG, ECG/heart rate, airflow, respiratory effort, and oxygen saturation
G0399	HST with type iii portable monitor, unattended, minimum of four channels: two respiratory movement/airflow, one ECG/heart rate, and one oxygen saturation
G0400	HST with type iv portable monitor, unattended; minimum of three channels

If you have questions, feel free to call 1-888-339-7982.

Best,

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