TRICARE Prior Authorization Request Form for
semaglutide injection/tablets **(Wegovy),** tirzepatide injection (**Zepbound Pen Injector**)

6311

PLEASE NOTE: Zepbound is covered for a maximum quantity of 30 day supply at retail and up to a 60 day supply at the Martin's Point Mail Order Pharmacy. Wegovy is covered for a maximum quantity of 30 day supply at retail and up to a 60 day supply at the Martin's Point Mail Order Pharmacy. Your patient will save on copays by using the Martin's Point Mail Order Pharmacy. Thank you.

Martin's Point

Clinical Documentation is required for a determination to be made.

Please fax completed form back to: (207) 828-7816

Initial therapy approves for 12 months; annual renewal is required. For renewal of therapy an initial Tricare prior authorization approval is required. Note: Non-FDA approved uses are not approved including diabetes mellitus.

Step 1 **Please complete patient and physician information** (please print):

Patient Name: _____ Physician Name: _____

Address: _____ Address: _____

_____ _____

Sponsor ID # _____ Phone #: _____

Date of Birth: Secure Fax #:

Step 2 **Please complete the clinical assessment:**

1. Under penalties for false claims against the United States government, I declare that I have examined the patient, and the statements made are true, correct, and complete to the best of my professional knowledge	☐ **Acknowledged** Proceed to Question 2	
2. Is the prescriber an in-network USFHP provider who has billed TRICARE for professional services provided to assess the patient and develop a treatment plan?	Proceed to Question 3	
3. Weight loss medications must be prescribed by a TRICARE-authorized provider. Please provide up to date provider and office information:	Group/Office NPI: Group/Office TIN:	
4. If patient is diabetic and meets the prior authorization criteria for Trulicity, Victoza, Ozempic, or Mounjaro, please consider these alternatives.	☐Acknowledged Proceed to question 5	
5. Has the patient received this medication under the TRICARE benefit in the last 6 months? *Please choose "No" if the patient did not previously have a TRICARE approved PA for the requested medication.*	☐ Yes (subject to verification) Proceed to question **31**	☐No Proceed to question **6**
6. What is the indication or diagnosis?	☐Weight management - Proceed to question **7** ☐Moderate to severe obstructive sleep apnea (OSA) in adults with obesity - Proceed to question **23** ☐Other diagnosis - **STOP - Coverage not approved**	

***If patient is <u>diabetic</u> and meets the prior authorization criteria for Trulicity, Victoza, Ozempic, or Mounjaro, please consider these alternatives.**

7. How old is the patient?	☐ Less than 12 years of age - **STOP - Coverage not approved** ☐ Greater than or equal to 12 years of age and less than 18 years of age - Proceed to question **8** ☐ 18 years of age or older - Proceed to question **11**	
8. What is the requested medication?	☐ Wegovy Injection Proceed to question **9**	☐ Zepbound Pen Injector or Wegovy Tablets/Wegovy HD **STOP** **Coverage not approved**
9. Does the patient have a BMI GREATER THAN OR EQUAL TO the 95th percentile standardized for age and sex?	☐ Yes Proceed to question **10**	☐ No **STOP** **Coverage not approved**
10. The provider affirms that the patient has been engaged in behavioral modification and dietary restriction for at least 6 months and has failed to achieve the desired weight loss, will remain engaged throughout course of therapy, AND the provider has documented this in the medical record.	☐ Yes (subject to verification) Proceed to question **28**	☐ No **STOP** **Coverage not approved**
11. What is the patient's body mass index (BMI)?	☐ Less Than 27 – **STOP - Coverage not approved** ☐ 27 to 29 with an additional comorbidity - Proceed to question **12** ☐ 30 to 34 - Proceed to question **14** ☐ 35 to 39 – Proceed to question **14** ☐ 40 or GREATER - Proceed to question **14**	
12. Does the patient have AT LEAST ONE weight-related comorbidity?	☐ Yes Proceed to question **13**	☐ No **STOP** **Coverage not approved**
13. In addition to overweight with BMI GREATER THAN 27, what are the major condition(s)/comorbidities being treated (select all that apply)?	☐ Diabetes or impaired glucose tolerance ☐ Obstructive sleep apnea ☐ Osteoarthritis ☐ Metabolic syndrome ☐ Dyslipidemia ☐ Hypertension ☐ Metabolic dysfunction-associated steatohepatitis (MASH) ☐ Established cardiovascular disease with a history of stroke ☐ Established cardiovascular disease with a history of myocardial infarction ☐ Established cardiovascular disease with a history of peripheral artery disease Proceed to question **15**	

14. What are the major condition(s)/comorbidities being treated (select all that apply)?	☐ Obesity ☐ Diabetes or impaired glucose tolerance ☐ Obstructive sleep apnea ☐ Osteoarthritis ☐ Metabolic syndrome ☐ Dyslipidemia ☐ Hypertension ☐ Metabolic dysfunction-associated steatohepatitis (MASH) ☐ Established cardiovascular disease with a history of stroke ☐ Established cardiovascular disease with a history of myocardial infarction ☐ Established cardiovascular disease with a history of peripheral artery disease Proceed to question **15**	
15. The provider affirms that the patient has been engaged in behavioral modification and dietary restriction for at least 6 months and has failed to achieve the desired weight loss, will remain engaged throughout course of therapy, AND the provider has documented this in the medical record.	☐ Yes (subject to verification) Proceed to question **16**	☐ No **STOP** **Coverage not approved**
16. Has the patient tried 3 months of generic phentermine, benzphetamine, diethylpropion (IR/SR) or phendimetrazine IR/SR and failed to achieve a 5% reduction in baseline weight?	☐ Yes Proceed to question **17**	☐ No Proceed to question **20**
17. Please provide drug name. **Phentermine, benzphetamine, diethylpropion (IR/SR), or phendimetrazine (IR/SR).** **Drug name**_____ Proceed to question **18**		
18. Please provide the date of therapy. **Date**_____ Proceed to question **19**		
19. Please provide the duration of therapy. **Duration of therapy** _____ Proceed to question **28**		
20. Does the patient have a contraindication to generic phentermine, benzphetamine, diethylpropion (IR/SR) or phendimetrazine IR/SR (for example, arrhythmias, coronary artery disease, heart failure, stroke, or the patient is not meeting blood pressure goal on 2 or more antihypertensives, etc.)?	☐ Yes List Contraindication: **Proceed to question 28**	☐ No Proceed to question **21**

21. Has the patient experienced an adverse reaction to phentermine, benzphetamine, diethylpropion (IR/SR) or phendimetrazine IR/SR that is not expected to occur with the requested medication?	☐ Yes List adverse reaction Proceed to question **28**	☐ No Proceed to question **22**
22. Has the patient achieved greater than or equal to 5% weight loss from baseline while on phentermine, diethylpropion IR/SR, phendimetrazine IR/SR, or benzphetamine but BMI and central adiposity remain high, and further reduction is needed for optimal outcomes?	☐ Yes Proceed to question **28**	☐ No **STOP** **Coverage not approved**
23. What is the requested medication?	☐ Wegovy **STOP** **Coverage not approved**	☐ Zepbound Pen Injector Proceed to question **24**
24. Is the patient 18 years of age or older?	☐ Yes Proceed to question **25**	☐ No **STOP** **Coverage not approved**
25. Does the patient have moderate to severe OSA (documented apnea-hypopnea index GREATER THAN OR EQUAL TO 15 events per hour)?	☐ Yes Proceed to question **26**	☐ No **STOP** **Coverage not approved**
26. Does the patient have a BMI greater than or equal to 30?	☐ Yes Proceed to question **27**	☐ No **STOP** **Coverage not approved**
27. The provider affirms that the patient has been engaged in behavioral modification and dietary restriction for at least 6 months and has failed to achieve the desired weight loss, will remain engaged throughout course of therapy, AND the provider has documented this in the medical record.	☐ Yes (Subject to verification) Proceed to question **28**	☐ No **STOP** **Coverage not approved**
28. Is the patient pregnant?	☐ Yes **STOP** **Coverage not approved**	☐ No Proceed to question **29**
29. Will the requested medication be used with another GLP1RA (for example, Trulicity, exenatide, liraglutide, Victoza, Soliqua, Xultophy)?	☐ Yes **STOP** **Coverage not approved**	☐ No Proceed to question **30**
30. Does the patient have a history of or family history of medullary thyroid cancer, or multiple endocrine neoplasia syndrome type 2?	☐ Yes **STOP** **Coverage not approved**	☐ No **Sign and date below**
31. What is the indication or diagnosis?	☐ Weight management - Proceed to question **32** ☐ Moderate to severe obstructive sleep apnea (OSA) in adults with obesity - Proceed to question **38** ☐ Other diagnosis - **STOP - Coverage not approved**	

32. The provider affirms that the patient is currently engaged in behavioral modification, on a reduced calorie diet, AND the provider continues to maintain documentation in the medical record.	☐ Yes (subject to verification) Proceed to question **33**	☐ No **STOP** **Coverage not approved**
33. How old is the patient?	☐ Less than 12 years of age - **STOP Coverage not approved** ☐ Greater than or equal to 12 years of age and less than 18 years of age - Proceed to question **34** ☐ 18 years of age or older - Proceed to question **36**	
34. What is the requested medication?	☐ Wegovy Injection Proceed to question **35**	☐ Zepbound Pen Injector or Wegovy Tablet/Wegovy HD **STOP** **Coverage not approved**
35. Has the patient lost GREATER THAN or EQUAL to 4 percent of baseline body weight since starting medication with full dosage titration?	☐ Yes - **Sign and date below** ☐ No – **STOP - Coverage not approved** ☐ The patient has had an interruption of therapy and is restarting therapy **– please submit this request using the initial therapy pathway -** Proceed to question **6**	
36. What is the patient's current body mass index (BMI)?	☐ Less Than 27 – Proceed to question **37** ☐ 27 to 29 - Proceed to question **37** ☐ 30 to 34 - Proceed to question **37** ☐ 35 to 39 – Proceed to question **37** ☐ 40 or GREATER - Proceed to question **37**	
37. Has the patient lost GREATER THAN or EQUAL to 5 percent of baseline body weight since starting medication with full dosage titration?	☐ Yes - **Sign and date below** ☐ No – **STOP - Coverage not approved** ☐ The patient has had an interruption of therapy and is restarting therapy **– please submit this request using the initial therapy pathway -** Proceed to question **6**	
38. What is the requested medication?	☐ Wegovy **STOP** **Coverage not approved**	☐ Zepbound Pen Injector Proceed to question **39**
39. Has the patient shown improvement in OSA symptoms based on the improvement of apnea hypopnea index?	☐ Yes **Sign and date below**	☐ No **STOP** **Coverage not approved**

Step 3 **I certify the above is true to the best of my knowledge.** Please sign and date:

Prescriber Signature _____ Date _____

Please attach office notes (clinical documentation)

Martin's Point

US FAMILY HEALTH PLAN

Supporting Documentation Requirements

For prior authorization requests for GLP-1s and other weight loss agents, the following evidence must be documented in the patient's medical record and sent with the completed form.

For Weight Loss

New users *(have not filled requested agent through TRICARE/USFHP in past 6 months)*

- **Current Weight & BMI (or height) documented within past 3 months**
- **Evidence of Comprehensive Lifestyle Intervention for ≥6 months (see details below)**
- **Evidence of Trial with Phentermine, Benzphetamine, Diethylpropion (IR/SR), or Phendimetrazine (IR/SR) and Experienced Adverse Reaction or has Contraindication**
- Trial: Include starting weight and ending weight and dates of trial
    - Adverse Reaction or Contraindication: Include documentation of Adverse Reaction or Contraindication. ****Note: Hypertension is not a contraindication unless patient is taking ≥2 antihypertensives and not meeting their blood pressure goal****

Current users *(have previously approved PA on file & filled within past 6 months)*

- **Current Weight & BMI (or height) documented within past 3 months**
- **Evidence of Current Engagement in Comprehensive Lifestyle Intervention (see details below)**

For Moderate to Severe OSA (Zepbound only)

New users *(have not filled requested agent through TRICARE/USFHP in past 6 months)*

- **Evidence of Moderate to Severe OSA**
- Baseline sleep study within past 5 years that states Apnea-Hypopnea Index (AHI)
- **Evidence of Comprehensive Lifestyle Intervention for ≥6 months (see details below)**

Current users *(have previously approved PA on file & filled within past 6 months)*

- **Evidence of improvement in OSA symptoms based on AHI improvement**

Evidence of Comprehensive Lifestyle Intervention

- Dietary restrictions: food logs, dietician notes, specific weight loss program followed
- Exercise: type of exercise, frequency, and length of time engaged
- Behavioral Modifications: goal setting, self-monitoring, stress management
- **New Users:** Length of time patient has been making these changes

Please call our Pharmacy Administration Department at 207-274-2789 with any questions.

**When sending documentation, the provider understands under penalties for false claims against the United States government, I declare that I have examined the patient, and the statements made are true, correct, and complete to the best of my professional knowledge.*